



NEW Executive Functions GROUP

Join us at the Accessibility Resources Office— All are welcome!

When & Where

- Tuesdays at 12 PM-12:45PM
- Location: ARO ATLAS Conference Center (1st Floor Feinberg Library)

Who Should Join

Adults who want support in strengthening executive functions (i.e. attention, planning, organizing, sequencing, time management, task initiation, task persistence, impulse control, flexibility, etc), in a supportive, small-group setting.

What We Work On

- Time management strategies
- Attention & task persistence
- Organization & planning
- Problem-solving & self awareness
- Goal setting & task initiation
- Communicating and self-advocacy

Led By

Graduate student clinicians under the supervision of licensed speech-language pathologists (CCC-SLP).

How to Get Started

Show up at 12:00 on Tuesdays!

Questions or ready to join?

Speech & Hearing Center | SUNY Plattsburgh | Accessibility Resource Office

Email: cook1343@plattsburgh.edu | Phone: 518-564-2170

Accessible entrance and parking available.