

A **WELLNESS WEEK**

Workshop: FIERCE CONFRONTATION



Larin Phillips

Wellness Week Keynote Speaker

**Do you avoid confronting things that
need to be said or are weighing on you?
Does the thought of confrontation
make you feel overwhelmed?**

**February 29 at 6:00 pm in
The Warren Ballrooms -
The ACC**

**Learn about the pitfalls
surrounding communication
and get strategies to
navigate a variety of
everyday situations. Free
and open to all!**

Presented by

