

The SUNY Plattsburgh Institute for Ethics in Public Life presents
“(Women's) Healthcare in the North Country”
Apr. 29 (W) at 3:30 in person or on Zoom (see below)

The failing health of rural Americans has been well-documented, and the challenge of getting adequate healthcare in rural areas is likely to increase due to recent Medicaid and social service cuts. Rural women's health is particularly understudied, but current trends point to declining health outcomes for rural women.

Where does the North Country stand with respect to national trends in rural health and healthcare, especially women's health? We'll discuss initial data from the North Country Rural Health Survey conducted in Feb., 2026, to answer these questions, and additional questions it raises.



RURAL HEALTH IN AMERICA

By American Heart Association News

Efforts are being made to improve and extend the lives of the estimated **1 in 5 Americans** who live in rural areas. Here's a snapshot of health disparities they currently face:

- Shorter life expectancy
- Increased risk of death from stroke and heart disease
- Fewer doctors and hospitals
- Higher rates of tobacco use, high blood pressure and diabetes
- Less access to healthy foods

Sources: U.S. Census Bureau, International Journal of Epidemiology, Centers for Disease Control and Prevention, Rural Health Information Hub, JAMA Network Open, Rural Health Research Gateway
Art via Getty Images | © 2024 American Heart Association

We welcome special guest Prof. Joel Lalone, Distinguished Service Prof. of Mathematics and Director of the Center for Community Studies at SUNY Jefferson and Dr. Akanksha Misra, Institute Fellow and Assoc. Prof. of Gender and Women's Studies, to help us understand this important topic. This forum is an opportunity for students, faculty, administrators, staff, alumni, and community members to come together and learn about this issue.

Join us in person in Hawkins 233 (the Institute offices) or on Zoom at <https://plattsburgh.zoom.us/j/81580689120>

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