

Are you daydreaming during class?

Are you handing in assignments late?

Do you have difficulty getting started on work?

Do you show up late for class?

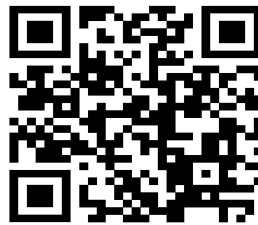
Is taking notes challenging?

Are you forgetting important information and dates?

Is staying on task difficult?

...if you answered "yes" to any of these questions you might benefit from executive function work!

What is executive dysfunction?



Scan the QR code for more information!!!

Executive Dysfunction

Executive dysfunction is described to be cognitive difficulties that affect one's ability to plan, organize, initiate and completing tasks, regulate emotions, and decision making.

