



PLATTSBURGH

Date: Wednesday, February 5, 2025

Time: 5:30 p.m. - 7:30 p.m.

Location: SUNY Plattsburgh Campus

Hawkins Hall



As part of our statewide series of Disconnected conferences, NYSUT is collaborating with Shine On! to host a conversation about North Country kids' phone and social media habits and start the conversation about phone-free schools with a panel of experts.

Who should plan to attend?

Educators and mental health providers, union leaders, school district leaders, parents, elected officials and advocates who work with teens and children.

Content:

In an era where digital devices are everywhere, understanding the implications of technology on students' lives has never been more crucial. During the conference, we will discuss:

- The impact of mobile devices on children – examining the consequences of excessive screen time and smartphone usage on mental health and emotional well-being.
- Strategies for parents, educators and students for managing children's technology use and supporting healthy habits.
- Digital citizenship – fostering healthy, responsible, ethical use of technology among young learners.
- Balancing technology and traditional learning methods.
- Cellphone policies and practices that have worked for schools and districts.

RSVP:

nysut.cc/disconnectedplat

