

# Tuesday Talks

PRESENTS


Michelle Ouellette, APR  
Kim McCoy Coleman, LMSW-ATR  
Christine Parmeter

Speaking on

“In the Shadows and Beyond:  
Awe's Potential for Awakening our Better Selves”

A day prior to this conversation, our community will have experienced a total solar eclipse. Research points to such moments as inspiring awe in viewers. But what, exactly, is that emotion, and how does it impact us?

This presentation will provide a brief overview of the growing body of research about awe and its potential benefits, as well as some of the work currently underway at SUNY Plattsburgh and other colleges across the country. Finally, it will offer up some of the ways that this research might be used to better ourselves, our campus and our communities.




LIGHT  
REFRESHMENTS  
TO BE SERVED

**April 9, 2024 from 4:30pm-6pm**

**Angell College Center's Cardinal Lounge**

**Zoom link:**

**<https://plattsburgh.zoom.us/j/91235068924>**



OPEN TO ALL  
FREE OF  
CHARGE

If you wish to be a speaker on this lecturer series, please contact Kristin Short  
(School of Arts & Sciences), ext. 3150