



SARAH LYNN NUTRITION PRESENTS

BREAKING UP WITH DIET CULTURE

TIRED OF CHRONIC DIETING? WEIGHT LOSS CYCLING? DEALING WITH FOOD
OBSESSIONS, OR BODY IMAGE ISSUES?

JOIN US FOR A FREE WEBINAR ON HOW YOU CAN BREAK FREE OF DIET CULTURE
AND GAIN A HEALTHY RELATIONSHIP WITH FOOD, YOUR BODY, AND START
LIVING BETTER BECAUSE OF IT!

SARAH OLSZEWSKI MS, RDN, CDN

MONDAY MAY 9TH, 2022 @ 12:00 PM & 6:00PM EST
|CLICK TIME TO JOIN|